

Hi

The following should be included

Pads (all types including disposable)

Reusable pads (pads / liners made of all fabric types)

Menstrual cups

Liners

Adult incontinence products (some women with endometriosis and adenomyosis rely on these due to heavy bleeding) e.g adult disposable underwear

Menstrual underwear / leak proof underwear

Sea sponges (For a more natural menstruation products, there are sea sponges. Sea sponges can be used as an alternative to tampons or menstrual cups. They are natural sea sponges that are cut into different shapes and sizes. They are used moist, and are inserted into the vagina to absorb blood.)

Also given that trans people may still menstruate perhaps the term should be called 'menstrual hygiene products' rather than 'feminine'.