




A Mental Health Technology solution

ilumen™

2022



A mental health technology company pioneering the use of objective measures to aid in the **early detection** and **screening** of **mental health** conditions.

ENGAGE WITH INNOVATION

“I have personally experienced Medibio’s technology and believe it can help make a profound impact in empowering people to seek the help and support they may need.” Michael Phelps, Medibio Growth and Advocacy Advisory Board Member

THE CHALLENGE



Increasing cases of workplace related mental ill health, including Stress, Anxiety, and Depression¹



Productivity and absenteeism issues - how much it costs²



Changes to Workplace Health and Safety legislation to include psychological health along with physical health.

THE BENEFIT



ilumen

We are an **early intervention** solution, offering objective data to manage and improve **employee mental health**. **ilumen** provides actionable and valuable insights, that are backed by science.



We **close the loop** for employers to measure and manage their people's mental wellbeing

HOW IT WORKS



CONNECT

User downloads the ilumen™ app and/or visits the ilumen web platform to **complete a series of questions to assess their mental wellbeing.**

Participants may repeat the assessments every two weeks to monitor their progress.



UNDERSTAND

ilumen™ allows individuals to track assessment data and biometric data like **sleep, activity and important heart-rate metrics** by connecting a wearable device (optional)

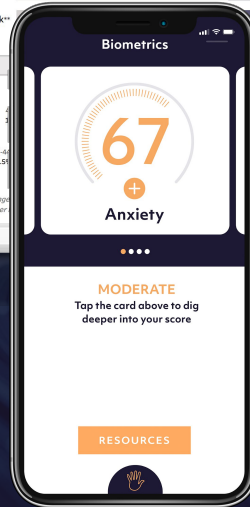
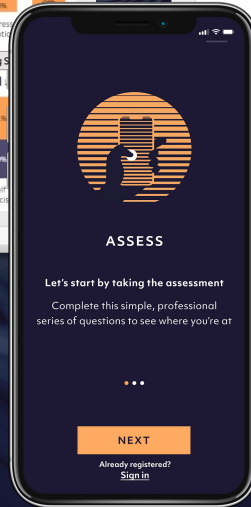
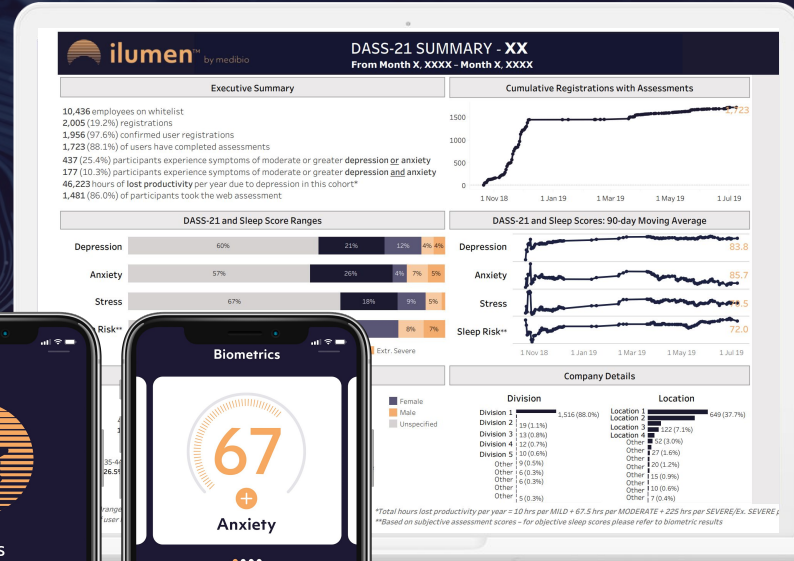
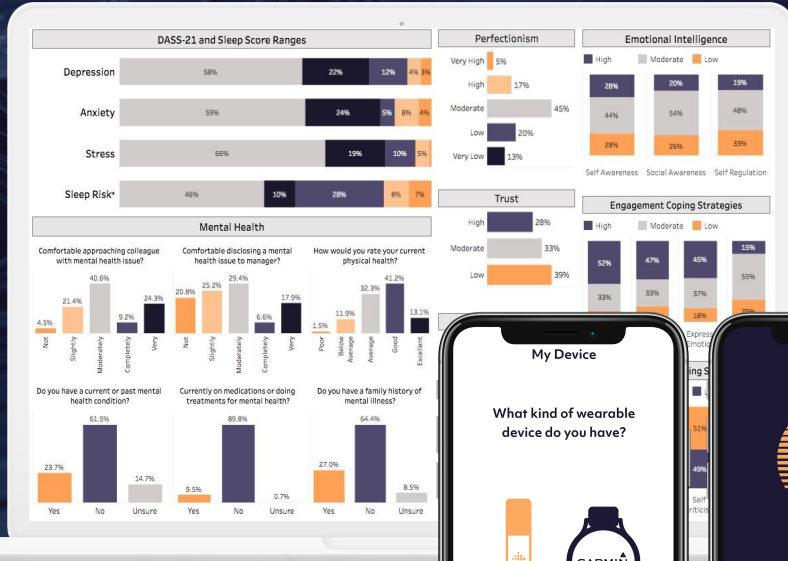


MANAGE

ilumen provides a 'well-being snapshot' that screens for **early symptoms of depression, anxiety and stress.** The user can monitor and make improvements over time.

If an employee is assessed as 'high risk' they receive a **personalised email with guidance and recommendations.**

APP and DASHBOARDS



TESTIMONIALS



I have reviewed the results, and none of the included items are a surprise to me. I'm currently meeting regularly with a psychologist, and taking medication to assist with the underlying issues. Unfortunately, as you well know, being aware of my mental health state is only the first step and is not the cure. So, whilst I'm aware of these things, it is taking some time to work through them.



Thank you for your email. I'm currently talking to our employee assistance program to look at coping strategies for stress management and anxiety.



It has taken me a long time to get the courage to do this but I guess I have been pushed to the point where I know it's imperative!



2.30

Average ROI across all industries

33%

Reduction in presenteeism, absenteeism and workers' compensation claims



Pioneering the use of objective measures to aid in the early detection and screening of mental health conditions

Mental health in the workplace is more important now than ever. We at Medibio responded to this need by working with pioneers in science and technology, business leaders, and members of the mental wellbeing community to create ilumen.

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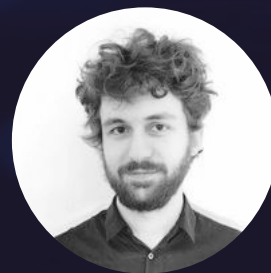
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Accounts Manager



medibio
CORPORATE HEALTH

JENNIFER SOLITARIO

SVP Corporate Health

jennifer.solitario@medibio.com.au

(+61) 405 505 231

Melbourne

Level 4, 100 Albert Road
South Melbourne VIC 3205