Helping Australia's workforce get back on track after the effects from COVID-19 takes more than opening doors, it takes supporting minds

Individuals will be feeling the effects of the pandemic for years to come.

Australian employers need tools that can help them better understand the challenges facing their employees - to manage risk and facilitate early intervention.



# ilumen<sup>™</sup>

ilumen $^{\text{IM}}$  is a two-part stress detection software system that measures an individual's perceived and biometric-based stress.



# **FOR EMPLOYEES**

Early identification of symptoms of depression, anxiety, and stress, and a snapshot they can use to make improvements over time



### **ASSESS**

Download and complete assessment



# CONNECT

Connect device and monitor biometrics



#### **INSIGHT**

Data dashboard output



### FOR EMPLOYERS

A dashboard of de-identified data to support and manage the well-being of their workforce while measuring effectiveness of programs 2 OF 21 X

I was worried about situations in which I might panic and make

a fool of myself

"Thank you for your concern, following on from this I have booked in some time with the Employee Assistance Program." - ilumen™ user





